

## What is ESP?

The Elderly Services Program (ESP) helps older adults remain safe and independent in their own homes. It provides in-home care for eligible seniors who might otherwise be forced to leave their homes and enter a nursing facility. ESP expands care that may already be provided by family and friends.

### Who operates this program?

Council on Aging (COA) manages the program for the Clinton County Board of County Commissioners. Council on Aging also provides assessment, intake and care management. A volunteer community board is appointed by the commissioners to advise on program needs and policies.

### Who is eligible?

Services are available to Clinton County residents age 65 and older who need help with certain activities of daily living, such as bathing, cleaning, cooking and transportation. Home-delivered meals are available starting at age 60. Eligibility for each service is determined by an ESP care coordinator during a home visit.

There is no income qualification for this program. However, depending on your income, you may be required to help pay for the cost of your care through a co-payment. More information is available on the back of this brochure, or call (513) 721-1025.

## What kind of help is available through ESP?

**Eligibility for each service determined by a care manager during a home visit.**

**Adult Day Services:** Structured programs provide a secure, stimulating environment and respite for caregivers. Transportation may be available.

**Care Management:** A professional care manager coordinates your services and monitors your care.

**Electronic Monitoring System:** 24-hour, in-home monitoring system that provides safety and/or medication alerts.

**Environmental Services:** Pest control, major housecleaning and waste removal.

**\*Home Modifications and Repairs:** Minor repairs and safety upgrades such as ramps, grab bars and dead-bolt locks.

**Homemaking:** Light cleaning, laundry and shopping.

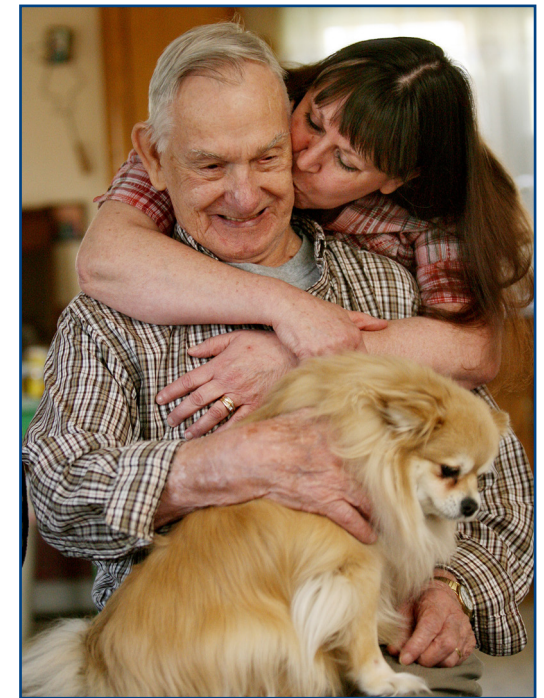
**Meals:** Home-delivered meals. Special diets can be accommodated with a doctor's orders.

**\*Medical Equipment:** Health or safety-related equipment such as a bath bench, cane, walker or other equipment not covered by insurance.

**Personal Care:** A trained aide helps with bathing, dressing and grooming.

**Respite:** Rest for family caregivers.

**Transportation:** Transportation to medical appointments.



"We just can't say enough about the help we have gotten from the program for my dad. He wants to stay here. He wants to be with his family."

**Nancy, daughter of Clinton County  
ESP client, Herbert**

\* Not available as a stand alone service.  
Call for details.

## Funding and Cost

The Elderly Services Program is made possible thanks to the generous support of Clinton County taxpayers via a senior services tax levy. Other funding comes from federal and state money, grants, donations, and client co-payments.

To help the program serve as many people as possible with the tax dollars available, some clients are required to help pay for the cost of their care through a co-payment. Co-payments are set on a sliding scale depending on income, assets, and medical expenses.

Home-delivered meals are free, but donations are welcome to help provide meals to more seniors in Clinton County.



"This house – it's nothing beautiful, but I've lived here since I was 26 and I'm 88 now. I'm OK here. I like it. I've got all kinds of help — Meals on Wheels, housekeeping — and real good neighbors."

**Gladys, Clinton County ESP client**

## How do I apply?

**Call (513) 721-1025 or (800) 252-0155** to speak with a nurse or social worker who can answer your questions, explain services, and assess your needs.

You'll answer a few questions on the phone and if ESP is right for you, a care coordinator will schedule an in-home visit to verify your eligibility. You will receive a list of information to have ready before the in-home visit.

If you qualify, your care coordinator will work with you and your family to arrange for the services that best meet your needs.



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2nd Floor Courthouse  
Wilmington, Ohio 45177  
(937) 382-2103  
<http://co.clinton.oh.us/>



**Main Office**  
175 Tri County Parkway  
Cincinnati, Ohio 45246

**Wilmington Office**  
1682 Alex Drive  
Wilmington, OH 45177  
(located inside Littleton  
Respiratory Homecare)

(513) 721-1025  
(800) 252-0155  
[www.help4seniors.org](http://www.help4seniors.org)

*The Elderly Services Program does not discriminate on the basis of race, color, creed, age, sex, national or ethnic origin, or disability.*

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**Clinton County's**  
Elderly  
**ESP** Services  
Program

Helping older adults maintain  
independence in their homes.

**(513) 721-1025**  
**(800) 252-0155**